



**Lake Havasu City Chapter**  
**2/12/2009**  
**Business Resource Meeting**

**Call to Order:**

President Michele Anderson welcomed everyone and called the meeting to order at 12:00 PM at the Lake Havasu Association of REALTORS® Center

**Pledge Of Allegiance:**

Sue Hall with American Home Key, led us in the Pledge of Allegiance

**Welcome and Introductions:**

Amber Cheramy announced 4 new members, there are 107 members, and Feb 28<sup>th</sup> is the deadline. Amber recommends each member to try and always bring a guest.

**Inspiration:**

Russ Ideishi told a few jokes to engage the members first. He then discussed a book re: Laughter and how it keeps your body healthy and is good for the spirit. Written by Paul J Meyer

**Events and Programs:**

Carole Cathcart spoke of the Fashion Show to be held on the 22<sup>nd</sup> of May with a spring into summer theme and requested help. 928-486-5353

Jeff Okamura spoke of the Texas Holdem fund raising event scheduled for February the 27<sup>th</sup> 2009 at the London Bridge Resort from 5-6 there will be food and drink specials at Martini Bay. Tickets are \$20 and the event begins at 5:30 PM.

**Government Affairs:**

No Report

**Lunch**

**Program:**

Judi Harris introduced Pamela Swanson and she spoke on Negotiating in business and stress. She emphasized deep breathing. There is good and bad stress and she tries to live her life by this acronym, P,A,M - **P**rayers, **A**ffirmation, **M**editation.

Spoke of Marshal Rosenberg's book and the 5 steps of Communication

1. I Care
2. I See
3. I Feel
4. I Want
5. I Will

Trying to not judge and keep your feelings clear with respect.

Pamela also recommended the book "Limitless You". Pamela passed out handouts that were very helpful, to cope with stress.

Pamela was excellent and shared a lot of positive information. Thank you Pamela for your time and excellent information!

**Drawings:**

Jeff Okamara announced the Queen of Hearts and Cindy Hyde announced guest drawing.

Guest Winner was Danny Heath, Member that brought a guest winner was Suzannah Ballard.

Bingo: Patty Smith

Queen of Hearts had \$88 in the pot and Terri Hoover with Eagle Point Mortgage won. Then she drew for the Queen of Hearts, Winning the current pool that was \$2458. Congratulations Terri!!!

**Final Closing Words:**

Michele Anderson announced the State Meeting in Prescott to be held March 11<sup>th</sup> and 12<sup>th</sup> encouraging everyone to attend. There is a \$1000 on scholarship money that can be used.

She also discussed the National Convention in May that will be in DC, The President, Michele Anderson and President Elect Mary Roberts will be attending that.

Michele Anderson donated \$615 from the William Anderson memorial account for state meetings for members. Angie Saltzman announced that there will be great programs to attend at the upcoming State meeting, so please try and attend.

**Adjournment:**

Michele Anderson announced the meeting next month to be held on the 19<sup>th</sup> of March from 12-1 PM in the Lake Havasu REALTOR® Center.

The meeting was adjourned at 12:50PM.

Michelle Morgan Secretary